

Located in Portugal's Beira Interior, GroundWork's Portuguese Living Lab addresses the pressures of shallow soils, low rainfall and land degradation by supporting grazing systems that restore soil fertility, reduce erosion and strengthen the resilience of local farming communities.

## Contact

LL Coordinator: Monte Silveira, [geral@montesilveira.com](mailto:geral@montesilveira.com)  
Media Relations: REVOLVE, [press@revolve.media](mailto:press@revolve.media)



[groundwork-project.eu](http://groundwork-project.eu)

[in www.linkedin.com/company/groundwork-eu](https://www.linkedin.com/company/groundwork-eu)



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Regenerating Soils,  
Rethinking Livestock

BEIRA INTERIOR  
PORTUGAL





## Monte Silveira Farm

Set within a landscape facing soil loss, water scarcity, and rural depopulation, Monte Silveira is a 700-hectare Regenerative Organic Certified farm and the Living Lab leader in the Beira Interior region. By combining farming, research, and innovation, it works to regenerate soils, boost biodiversity, and build resilient, future-ready food systems.



## In GroundWork...

As part of the GroundWork project, Monte Silveira leads the Portuguese Living Lab, bringing together several farms to demonstrate regenerative grazing across Montado landscapes and cropland systems. Through on-farm experimentation, farmers and researchers work together to restore soil health, improve water retention, enhance biodiversity, and increase carbon storage. By sharing experiences and co-developing practical solutions, the Living Lab supports wider adoption among land managers and informs policies for more resilient and sustainable land use.



## Key Impacts



### Soil Health

Regeneration and fertility improvement through holistic management



### Biodiversity

Rich mosaic of habitats supporting plants, animals, and pollinators



### Ecosystem Resilience

Strengthens climate adaptation and natural cycles



### Sustainable Production

Combines productivity with environmental care



### Innovation & Research

Demonstrates scalable regenerative practices across Europe